



# Chesapeake Public Charter School

## Secondary Menu

Breakfast	\$1.25
Lunch	\$2.30
Milk	.50
Reduced Breakfast	.30
Reduced Lunch	.40

**Lunch Meal Deal includes:**  
Choice of One Entrée and Milk,  
**PLUS** Pick up to 3 Different Sides  
from Daily Vegetable, Fruit,  
& Grain/Starch Selections!



		Wednesday 8/11	Thursday 8/12	Friday 8/13
		<p><b>Breakfast</b> Cereal w/ Elf Grahams</p> <p><b>Lunch</b> Pepperoni or Cheese Pizza Beef and Bean Burrito</p> <p><b>Sides: Pick Up to 3:</b> Golden Corn Sliced Peaches 100% Fruit Juice</p>	<p><b>Breakfast</b>  Breakfast Bun</p> <p><b>Lunch</b> Mozzarella Cheese Sticks w/ Marinara Sauce Chili w/ Corn Tortilla Chips Tuna Salad Sandwich</p> <p><b>Sides: Pick Up to 3:</b> Potato Rounds Broccoli Cuts Diced Pears</p>	<p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Chicken Patty on Bun Turkey Hot Dog on Bun Cold Cut Sub</p> <p><b>Sides: Pick Up to 3:</b> Glazed Sweet Potatoes Green Beans Applesauce</p>
Monday 8/16	Tuesday 8/17	Wednesday 8/18	Thursday 8/19	Friday 8/20
<p><b>Breakfast</b>  Blueberry Snack'n Waffle</p> <p><b>Lunch</b> Baked Chicken Nuggets Mac &amp; Cheese Entrée Turkey &amp; Cheese Sub</p> <p><b>Sides: Pick Up to 3:</b> Green Beans Dinner Roll Sliced Peaches</p>	<p><b>Breakfast</b> Breakfast Hot Pocket</p> <p><b>Lunch</b> Hot Roast Turkey Slices w/ Gravy Chicken Corn Dog  Ham &amp; Cheese Sandwich</p> <p><b>Sides: Pick Up to 3:</b> Cornbread Stuffing w/ Gravy Sweet Garden Peas Dinner Roll Mandarin Oranges</p>	<p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Nachos Grande w/ Corn Tortilla Chips Chicken Egg Roll All American Sub</p> <p><b>Sides: Pick Up to 3:</b> Steamed Rice Golden Corn Fresh Fruit</p>	<p><b>Breakfast</b> Pancake &amp; Sausage</p> <p><b>Lunch</b> Popcorn Chicken Grilled Cheese Sandwich Chef's Salad w/ Crackers</p> <p><b>Sides: Pick Up to 3:</b> California Blend Veggies Soft Pretzel Pineapple Tidbits</p>	<p><b>Breakfast</b> Yogurt w/ Elf Grahams</p> <p><b>Lunch</b> Pepperoni or Cheese Pizza Crispy Fish on Bun Ham &amp; Cheese Sandwich</p> <p><b>Sides: Pick Up to 3:</b> Fresh Baby Carrots Garden Side Salad Applesauce</p>
Monday 8/23	Tuesday 8/24	Wednesday 8/25	Thursday 8/26	Friday 8/27
<p><b>Breakfast</b>  Cinnamon Pancakes</p> <p><b>Lunch</b> Chicken Parmesan w/ Pasta Turkey Hot Dog on Bun Ham &amp; Cheese Sub</p> <p><b>Sides: Pick Up to 3:</b> Potato Rounds Green Beans Baked Apple Slices</p>	<p><b>Breakfast</b>  Breakfast Bun</p> <p><b>Lunch</b> Shrimp Poppers w/ Macaroni &amp; Cheese Italian Meatball Sub w/ Mozzarella Cheese Turkey &amp; Cheese Sub</p> <p><b>Sides: Pick Up to 3:</b> Mac &amp; Cheese Chopped Spinach Sliced Peaches</p>	<p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Baked Chicken Tenders Jumbo Taco w/ Lettuce &amp; Cheese Tuna Salad Sandwich</p> <p><b>Sides: Pick Up to 3:</b> Golden Corn Soft Pretzel Pineapple Tidbits</p>	<p><b>Breakfast</b> Sausage, Egg, &amp; Cheese Breakfast Stuffer</p> <p><b>Lunch</b>  Spaghetti w/ Meatballs Chicken Corn Dog Chef's Salad w/ Crackers</p> <p><b>Sides: Pick Up to 3:</b>  Garlic Breadstick Sweet Garden Peas Applesauce</p>	<p><b>Breakfast</b> Cereal w/ Elf Grahams</p> <p><b>Lunch</b> Pepperoni or Cheese Pizza Cheeseburger/Hamburger on Bun Cold Cut Sub</p> <p><b>Sides: Pick Up to 3:</b> Baked Beans Garden Side Salad Fresh Orange Wedges</p>
Monday 8/30	Tuesday 8/31	<p><b>FREE and REDUCED Price Meals:</b> Please remember that a new <b>Meal Benefit Application</b> must be completed for each school year. Make sure to include <u>ALL</u> required information and sign the application. You may include all children in the household on one application (even if they attend different schools). Applications are available at your child's school or online at <a href="http://www.SMCPS.org">www.SMCPS.org</a> under Food and Nutrition Services. Thank you!</p>		
<p><b>Breakfast</b> Blueberry Muffin</p> <p><b>Lunch</b> Chicken Fries Steak &amp; Cheese on Bun All American Sub</p> <p><b>Sides: Pick Up to 3:</b> Seasoned Potato Wedges Broccoli Cuts Dinner Roll Diced Pears</p>	<p><b>Breakfast</b> Pancake &amp; Sausage</p> <p><b>Lunch</b> Mozzarella Cheese Sticks w/Marinara Sauce Manager's Choice Entree Ham &amp; Cheese Sub</p> <p><b>Sides: Pick Up to 3:</b> Green Beans Sliced Peaches Fresh Fruit</p>			



**OFFERED DAILY:**

Breakfast\*: Assorted  
Cereals, Fresh and  
Cupped Fruit, 100%  
Fruit Juice, Milk Variety.

Lunch: Fresh and  
Cupped Fruit, 100%  
Fruit Juice, Garden  
Side Salad, Milk  
Variety.

Note: Some schools  
offer a PB&J wafer  
sandwich as a lunch  
entrée choice.

 Whole grain item.

Questions, suggestions,  
or comments contact  
Food & Nutrition  
Services  
301-475-4256,  
Ext. 5

*This institution is an  
equal opportunity  
provider.*